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**NEW CLIENT INTAKE FORM**

Today's Date: \_\_\_\_\_ Referred by \_\_\_\_\_

Name: \_\_\_\_\_ Date & place of Birth \_\_\_\_\_

Social Security #: \_\_\_\_\_ Sex: Male \_\_\_ Female \_\_\_

Street Address:  
\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

May I have permission to mail to this address? Yes \_\_\_ No \_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

For Routine Messages Phone # \_\_\_\_\_

For Confidential/ Private Message Phone # \_\_\_\_\_

Marital Status: Single \_\_\_ Cohabiting \_\_\_ Married \_\_\_ Divorced \_\_\_ Widowed \_\_\_

Parents or legal guardian Name: \_\_\_\_\_

Parents, siblings or others living in the home: \_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

Parents or siblings living outside the home \_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_ How long in this occupation? \_\_\_\_\_

Employer Name: \_\_\_\_\_ School Name: \_\_\_\_\_

Grade: \_\_\_\_\_ GPA/Performance: \_\_\_\_\_

Emergency Contact: Name, relationship and phone # \_\_\_\_\_

**CLIENT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

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Please describe minor's overall health today and list any significant health problems:

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List any medications the minor is taking, the dosage and prescribing physician:

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Are any of these medications for mental/emotional problems?

Name of primary physician: \_\_\_\_\_ Date of most recent visit \_\_\_\_\_

Past/Present drug/alcohol use/ abuse/treatment (any addiction) \_\_\_\_\_

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Prior suicide attempts? Yes \_\_\_ No \_\_\_ If Yes, when? \_\_\_\_\_

Circumstances that led to the attempt:

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Current suicidal thoughts? Yes \_\_\_ No \_\_\_

If yes, please describe: \_\_\_\_\_

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Prior outpatient therapy? Yes \_\_\_ No \_\_\_

If yes, with whom, when and for how long?

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What was the focus of the previous treatment?

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How was it helpful? \_\_\_\_\_

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Prior hospitalization for mental/emotional problems? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please describe (year/duration/reason for hospitalization):

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Family history of alcoholism, substance use, mental illness, violence, suicide: \_\_\_\_\_

**CLIENT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

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**PRENATAL/DEVELOPMENTAL HISTORY OF MINOR**

Problems during pregnancy or delivery of minor?

\_\_\_\_\_

Any use of drugs or alcohol during pregnancy of minor?

\_\_\_\_\_

Congenital defects? (If yes, specify) \_\_\_\_\_

\_\_\_\_\_

Age at which minor:

Sat Up \_\_\_\_\_ Crawled \_\_\_\_\_ Stood alone \_\_\_\_\_

Walked \_\_\_\_\_ First Words \_\_\_\_\_

Age at which potty-trained \_\_\_\_\_ Length of time to train \_\_\_\_\_

Soiling or bedwetting? \_\_\_\_\_

List any history of seizures, prolonged high fevers, head injuries, poisoning, serious illness or injury:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any prolonged separation or traumatic events in childhood

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*When you feel uncomfortable to answer any question, feel free to skip them. Use the space on the back of this form when you need to give further information.*

CLIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

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CURRENT CONCERNS CHECKLIST (Rate intensity of concerns currently present)

- None** -- This concern not currently present
- Mild** -- Impacts quality of life, but no significant impairment on daily functioning
- Moderate** -- Significant impact on quality of life and daily functioning
- Severe** -- Profound impact on quality of life and daily functioning

	None	Mild	Moderate	Severe
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Low Energy/Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor Concentration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Worthlessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social Isolation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive Worries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxious	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood Swings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elevated Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Racing Thoughts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hypervigilance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Impulsive Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Aggressive Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Phobias	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obsessions/Compulsions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight Gain/Loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anorexia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bingeing/Purging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self Mutilating Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grief	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Financial Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexual Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Marital Difficulties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family Conflicts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty Making Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty Keeping Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**CLIENT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

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What do you consider to be your strengths? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What do you like most about yourself? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What are your most important hopes and dreams? \_\_\_\_\_

\_\_\_\_\_

What are your main worries and fears? \_\_\_\_\_

\_\_\_\_\_

What brings you into therapy today? \_\_\_\_\_

\_\_\_\_\_

When did the issue arise? \_\_\_\_\_

\_\_\_\_\_

What are your goals for therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_